

In Touch



Winter 2019

the newsletter of Second Chance for Life Foundation

WE WANT TO STAY IN TOUCH WITH YOU!

Inside this newsletter you'll find a membership renewal form. Please fill it out as completely as possible. The information you provide is for SCFLF internal use only, primarily so we can contact members and supporters with news of upcoming events. We do not share personal information outside the organization. Please feel free to add any comments or suggestions.

Communication with our members and supporters is one way we can address our goal of "patients helping patients." To that end, SCFLF is expanding its presence on Facebook and other social media platforms. Please look for Second Chance for Life Foundation and "like" us on Facebook!

MESSAGE FROM OUR BOARD PRESIDENT

Spring may seem far away, but it is around the corner. Plans are under way for the annual SCFLF Education Seminar to be held May 3-4. We are hoping to see many of you there. In addition to the informative sessions provided by U of M staff, this is an opportunity to meet and reconnect with other transplant and LVAD friends.

If you are in the Twin Cities area, we welcome you to the Tuesday LVAD and Thursday Transplant Support Groups. These meetings are a success because people share their

personal experiences. We know this journey is different for everyone, and your insights may be invaluable to others. You'll find meeting details on the back cover.

We appreciate your continued financial support and participation in SCFLF events. Last year we provided nearly \$22,000 in assistance to patients and their families. Because of you, we are able to live our motto of "patients helping patients."

Wishing you all the best,

Tracie Vandenburg

MUSIC FROM THE HEART, FOR THE HEART

Join us for a special night out on the town! **Monday, February 25th** we'll be honored by the **BAND Cabaret** performing at the Bryant-Lake Bowl Theater! It will be a night of variety music showcasing local musical theater vocalists performing Broadway hits and other standards. Honoring Second Chance For Life and National Heart Month, they'll sing songs about the heart. Our own Glen Kelley will even join them onstage for special song dedication. A portion of the proceeds will go to SCFLF. Tickets are on sale now and could sell out fast, get yours now. For tickets look for **BAND Cabaret: Key Change** at **brownpapertickets.com**.

RED HEART SOIREE

The University of Minnesota Medical Foundation hosted the Red Heart Soiree last September. This event helped raise critical funds for cardiovascular research, education, and patient care at the University of Minnesota. SCFLF members Ken and Fran McIntosh, and Joel and Sue Heckman assisted as official greeters for the evening. Guests enjoyed games, painting a mural, a live auction, hanging with Goldy Gopher (in his formal evening duds) and an outstanding dinner—complete with a flaming s'mores dessert bar.

This year the gala event is planned for **September 20** at the **McNamara Alumni Center** on the U of M campus.

You can find more information and photos of last year's soiree at

<http://redheartsoiree.umn.edu/>

and on the Facebook page

<https://www.facebook.com/redheartsoiree>

If you are interested in volunteering at the 2019 Red Heart Soiree, contact Carly Thornberry at soiree@umn.edu.

TRANSPLANT UPDATE



The University of Minnesota performed nine heart transplants in January, and recently transplanted heart number 948.

AMAZON SMILE

If you're an amazon.com shopper, please consider designating SCFLF as your charity of choice on Amazon Smile. When you shop on **AmazonSmile**, the **AmazonSmile** Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice. Every item available for purchase on www.amazon.com is also available on **AmazonSmile**, (smile.amazon.com) at the same price.



SCFLF members Ken McIntosh and Joel Heckman greeted attendees on the red carpet at last year's Red Heart Soiree.

SCFLF Board of Directors

Tracie Vandenburg, President
651-260-9658, president@scflf.org

Rachel Mickolajak, Vice-President

Scott Johnson, Treasurer

Jynene Ditsch, Secretary

Lorry Colaizy

Arlene Forrest

Doug Keating

Glen Kelley

2019 ANNUAL MEMBERSHIP DRIVE

Dear Member,

Since 1986, the Second Chance for Life Foundation (SCFLF) has helped countless patients and their families through the challenges of a heart transplant and/or heart pump implantation. Thanks to the ongoing support from members like you, we can continue our mission of “patients helping patients” through:

Friendship and Fellowship

Together members provide support for one another through fellowship, personal experiences and comradery. Whether at the Heart Transplant or LVAD support groups, the Christmas Celebration, the Spring Picnic, or the annual Golf Event, the foundation provides members with a sense of friendship and community.

Financial Support

Throughout the year, in conjunction with the University of MN Medical Center and University of MN Masonic Children’s Hospital, SCFLF provides financial support to those in need as determined by hospital social worker staff. Lodging | Travel | Medications | Parking | Care Bags| Etc.

In-Patient Outreach

SCFLF Members and Board Members visit patients and families at both the University of MN Medical Center & the University of MN Masonic Children’s Hospital letting them know SCFLF is a “patients helping patients” organization.

Education

Each year, SCFLF, along with the Transplant Team at the University of MN Hospitals, hosts an educational seminar which highlights topics related to heart transplants, heart pumps and heart health.

Please Complete and Return the Form Below

This form is used to update our membership list; information will not be shared with other organizations.

() I wish to continue as a member of SCFLF **or** () Remove my name from the list

Patient Name: _____ Heart #: _____ LVAD: _____ and/or Waiter: _____

Spouse/Parent/Caregiver/Contributor (please circle): _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

I would like to make a donation in support of SCFLF and its mission of “patients helping patients”

\$25.00 _____ \$50.00 _____ \$100.00 _____ Other: _____

Make checks payable to: **Second Chance for Life Foundation or SCFLF.**

Second Chance for Life Foundation - P.O. Box 131462 Roseville, MN 55113

Or donate online at: **www.secondchanceforlife.org**

SCFLF is a nonprofit 501(c)3 organization. Donations are tax deductible as allowed by law.

Additional comments:

The mission of the Second Chance for Life Foundation is to help individuals and their caregivers navigate the challenges that come with a heart transplant or heart implant (LVAD) at University of Minnesota medical facilities. Our goal is to help provide what is needed when it is needed whether it is for emotional, financial, or educational needs. Historically, SCFLF has supported patients with financial assistance for medical care, housing and transportation. We also provide an annual education seminar focused on heart health and living with a heart transplant or LVAD.

MARK YOUR CALENDAR



February 25	BAND Cabaret at Bryant-Lake Bowl (page 1)
May 3-4	Education Seminar and Annual Meeting
July 19	30th Annual SCFLF Golf Tournament
September 20	University of Minnesota Red Heart Soiree
December 7	Celebration of Life Annual Holiday Party

LVAD & Transplant Support Groups are led by trained social workers at the University of Minnesota Medical Center:

- LVAD Support Group meets weekly on Tuesdays from 1-2 pm in room 120 on the 7th floor.
- Transplant Support Group meets weekly on Thursdays from 12-1 pm in room 106 on the 8th floor.

*Don't forget to update your membership information.
See inside page 3.*



P.O. Box 131462
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scflf.org